The Safe Place: God is my strength

John 16:33; Revelation 19:11–16

DAY 1

The Greatest Hero

Read John 16:33

Do you have a favorite hero movie or adventure story? Usually, the hero faces a giant problem, things look impossible, and then somehow good wins in the end. We love stories like that because deep down, we want to know that evil does not win forever.

The Bible tells the greatest rescue story ever. Jesus came to rescue us from sin, sadness, and death. Before Jesus went to the cross, He told His friends that life would still have trouble. But then He said something amazing: "Be encouraged! I have won the battle over the world."

That means fear does not win. Darkness does not win. Jesus wins!

Activity:

Stand like your favorite superhero for 10 seconds. Then say out loud: "Jesus is the greatest hero, and Jesus wins!"

No matter what hard thing you face, Jesus is stronger and He is always with you.

DAY 2

Jesus is Stronger

Read Romans 8:38-39

Sometimes life feels really hard. Maybe someone says something mean to you, your family is going through a difficult time, or you feel worried about something ahead. When hard things happen, it can feel like you are all alone.

But the Bible reminds us that nothing can separate us from God's love. Nothing! Not fear, sadness, mistakes, or difficult days. Jesus loves you so much that He came to rescue you, and He promises to stay with you forever.

Because Jesus rose from the dead, we know the ending of the story already. Jesus wins!

At-Home Activity:

Cut strips of paper and make a paper chain. On each strip, write or draw something God helps you through, like fear, sickness, sadness, or loneliness. Tape the chain somewhere to remind you that God's love never breaks.





There's More! ⟶

DAY 3

Greatest King Ever

Read Revelation 19:11-16

The Bible says that one day Jesus will return as the greatest King ever. He will make everything sad, broken, and wrong completely right again. No more sickness. No more pain. No more fear. Jesus wins forever!

That does not mean life is always easy right now. We still go through hard times because we live in a broken world. But Jesus promises to stay with us through every part of our story.

When you feel overwhelmed, scared, or upset, remember that the story is not over yet. God is still working, and Jesus is still King.



Decorate the trophy with stars, crowns, hearts, or bright colors. You can trust Jesus because He is stronger than every problem.

DAY 4

Peace from God

Read Philippians 4:6-7

Have you ever had a day where your thoughts felt all mixed up and stormy inside? Maybe you felt worried, upset, frustrated, or nervous about something happening at school or home. Jesus knows life can feel hard sometimes. That is why the Bible reminds us to bring our worries to God in prayer.

When we talk to God, He gives us peace deep inside our hearts. That does not always mean the problem disappears right away. But God helps us stay calm and remember that He is still in control. Because Jesus won the battle over sin and death, we can trust Him with every part of our story.

Write or draw a worry you want to give to God.

Prayer:

"Dear God, thank You for giving me peace when life feels hard. Help me trust You and remember that Jesus wins no matter what happens. In Jesus' name, Amen."

Jesus wins.

Download the free Parent Cue app
AVAILABLE FOR APPLE AND ANDROID DEVICES

©2026 Amazing Life. All Rights Reserved.