

Let's Eat

The gospel of Luke is full of meals. And at almost every table, Jesus does the same thing: He asks hard questions, names the real issue, speaks peace into the room, and calls people toward something better. This series follows three of those meals — a dinner that cost Zacchaeus everything he thought he needed, a home where peace settled on one sister and anxiety consumed the other, and a seven-mile walk with two grieving disciples who didn't recognize Jesus until He broke the bread.

This series challenges students to ask God the hard questions: What am I holding onto that's competing with You? What is stealing my peace? And what am I supposed to do with what I've been given? Whether they've grown up in church their whole life or just walked in for the first time, Let's Eat calls them to the table — where Jesus makes a reservation for them specifically, offers a peace that won't be taken away, and sends them back out with something worth sharing.

Week One

Luke 10:1–9 NIV

A peace that can't be taken away.

Week Two

Luke 18:18–24 NIV

Jesus will make a reservation for you.

Week Three

Luke 24:13–18 NIV

You should take your lessons with Jesus to go.

MEMORY VERSE

"For the Son of Man came to seek and to save the lost."

Luke 19:10 NIV

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Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

One morning this week, try this: Instead of reminding your kid about what they need to do today, just say something like “You don’t have to figure everything out today. I hope you feel some peace.” Simple. It might land more than you expect.



Meal Time

At a meal this week, ask everyone at the table: “On a scale of 1 to 10, how anxious is your life right now—and what’s driving that number?” Let everyone answer. No fixing, just listening.

Follow-up: “What would it look like to actually trust God with that thing instead of carrying it?”



Drive Time

As you’re on the go this week, try this: “This week, you heard about Martha and Mary—Martha was doing all the right things, but Jesus said she was anxious. Does that sound familiar? Where in your life do you feel like you’re working hard but still stressed?”



Bed Time

As your kid gets ready for bed, pray this with them: “God, thank You that Your peace is real and that You actually offer it to us. Tonight, help my kid choose to rest in You—even with everything on their mind. Would You guard their heart and quiet their thoughts? Amen.”



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